



Han Guk Mu Sool & Barker Martial Arts – 1st Dahn Black Belt Syllabus Sheet



TESTING FOR:	Junior School Years 3-6 (aged 7-11 yrs)	Youth/Adult School Years 7+ (aged 11 yrs to adult)	Dea Ryun (all ages)
Yellow Stripe Belt	Ki Cho Hyung 1-3 Sohn Ppae Ki 1-5 Ki Bohn Soo 1-5	Ki Cho Hyung 1-3 Sohn Ppae Ki 1-5 Ki Bohn Soo 1-5	Jah Se Movements The look, body weapons & reactionary gap
Yellow Belt	Ki Cho Hyung Ki Bohn Soo 1-10	Ki Cho Hyung Ki Bohn Soo	
Blue Stripe Belt	Cho Geup Hyung 1-2 Ki Bohn Soo	Cho Geup Hyung 1-2 Sohn Mohk Soo 1-5	Double Jab (attack/defence) Defensive Movements, Kick Chambering, Counter attack Kicking
Blue Belt	Cho Geup Hyung Sohn Mohk Soo 1-5	Cho Geup Hyung Sohn Mohk Soo	
Red Stripe Belt	Joong Geup Hyung 1-2 Sohn Mohk Soo	Joong Geup Hyung 1-2 Eue Bohk Soo 1-6	Stand Up System 1 Elbow Grappling Hold
Red Belt	Joong Geup Hyung Eue Bohk Soo 1-6	Joong Geup Hyung Eue Bohk Soo	
Brown Stripe Belt	Goh Geup Hyung 1-2 Eue Bohk Soo	Goh Geup Hyung 1-2 Ahn Sohn Mohk Soo	Stand Up System 2 Clothing Grappling
Brown Belt	Goh Geup Hyung Ahn Sohn Mohk Soo	Goh Geup Hyung Maek Chi Ki	
Black Stripe Belt	Dae Geup Hyung 1-2 Maek Chi Ki 1-7	Dae Geup Hyung 1-2 Maek Cha Ki	Stand Up System 3 Clinch
Cho Shim Ja (CSJ) <i>[Apprentice]</i>	Dae Geup Hyung Maek Chi Ki	Dae Geup Hyung Joo Muhk Maga Ki Bohn Soo	
Gyum Son Nim (GSN) 1 st Dahn Black Belt	Guhm Moo Hyung Maek Cha Ki Joo Muhk Maga Ki Bohn Soo Joong Geup Sohn Mohk Soo Ahp Eue Bohk Soo	Guhm Moo Hyung Joong Geup Sohn Mohk Soo Ahp Eue Bohk Soo Dee Eue Bohk Soo Kwahn Juhl Ki Too Ki 18+ Only Mohk Joh Leu Ki Bahng Too Ki Yahng Sohn Mohk Soo Ssahng Soo Dahn Doh Mahk Ki	Development of the above
Staff Spinning, Staff Moving Techniques, Sword Meditation & Sword Cutting			