

Class Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday		Friday
16:00	Tiny Tigers	Tiny Tigers	Tiny Tigers	Tiny Tigers	Tiny Tigers	11:30	Youth/Adult
	Tigers	Tigers	Tigers	Tigers	Tigers		Saturday
17:00	Cranes	Cranes	Cranes	Cranes	Cranes	09:00	Beg/Int Family
	Mini Mantis	Mini Mantis	Mini Mantis	Mini Mantis	Mini Mantis	10:00	Adv Family
18:00	Mantis	Mantis	Mantis	Mantis	Mantis		Sunday
	Dragons	Dragons	Dragons	Dragons	Dragons	17:00	Kuk Sool Kobras
19:00	Beg/Int Youth/Adult Youth Black Belt	Adv Youth/Adult	Beg/Int Youth/Adult	Adult JKN & All KSN		18:00	Family
	Adv Youth/Adult	Beg/Int Youth/Adult	Adv Youth/Adult	Youth/Adult KSN*/PSBN		19:00	Masters
20:00							

*testing KSN only

TINY TIGERS



4-6 yrs
White/Yellow
Belts

TIGERS



6-8 yrs
White/Yellow
Belts

CRANES



9-12 yrs
White/Yellow
Belts

MINI MANTIS



6-8 yrs
Blue/Red/
Brown Belts

MANTIS



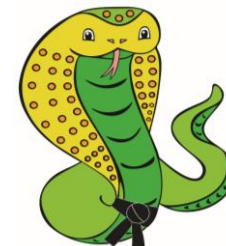
9-12 yrs
Blue/Red/
Brown Belts

DRAGONS



12 yrs &
under DBN/
Black Belts

KUK SOOL KOBRAS



Demonstration Team
Trials throughout
September/October

SPECIAL CLASSES

FITNESS: 19:00 1st Monday of the month, 2nd Tuesday of the month, 3rd Wednesday of the month, 4th Thursday of the month

SPARRING: 10:00 1st Saturday of the month, available to all ages and abilities

TOURNAMENT: 11:00 1st Saturday of the month, available to those who have paid entry fee for next WKSA competition

INSTRUCTOR TRAINING: 20:00 1st Thursday of the month