	COVID-19 Return to Class Protocols							
		What	180	How	When	Who	Considerations	Dury Duryshaud
Grouping	Title		Why Allows you to operate in a			Who Instructory/School	CMAC	Date Completed
Re-O pening Venue	Establish Date	Ectablish the exact date you are able to re-open your versue Obtain definitive authorisation from the appropriate person/organisation to enable your versue re-opening	Allows you to operate in a legal manner complaint with government guidelines. Ensure that your re-opening date calocides with the versus decision making authority and that facilities are made available on your nature.	Monitor government publiclines, adulor and phased lookdown return plan Detain written confirmation from decision maker of your return date	As advised by government As soon as you are made aware of your projected re- opening date	Owners Instruction/School Owners	1st September 2020 None required	Aug-20 N/A Building owners
	Communicate with Students	Make your students aware as soon as possible of the re- opening date	Help them to plan their own schedule for the re-opening and understand the measures put is place on their return	Email/3045/546+/Facebook/Online dasses	As soon as you are made aware of your projected re- opening date	Instruction/School Owners	Provide details of all the provisions and measures you have put in place in the Academy	Aug-20
Bei yana ya ku	interval between dasses	15 minute intervals between classes	Enables separation on transition	Gausses set at one hour intervals	Every class	Students need to be informed	Social distancing consideration entering and leaving close. Ensure yellow tage markers on the floor and stagger students entering, leaving	Aug 20
	No contact training	No Contact activity permitted e.g. sparring/pad work/gropping	To maintain social distance between students	Class plans based on traditional Lide of matual art, strength training, finalizity work and madaw lighting. Markers on the matts ensuring 2m distance	Svery class	instructors & Students	Snuttare linetable to ensure linkod number of nudersi per cite. Use yellow tale to en nuivien on floor citaco. Ensure innovator/Cochi. Intel of defattering and nuenges insudents appropriately	In place since June 20
	Stationary training	No exercises or warm ups that would bring students into dose contact	To maintain sodal distance batween students	Warm ups & exercises based on the madents staying is a designated area	Every Class/Prior to the class	instruction, coaches & students	Structure timetable to ensure limited numbers of students per class. Use yeldow table to extra make no falor space. Screar and nunzage numbers appropriately, use the number students appropriately. Use the areas.	Sep-20
	Defined personal training areas	Marked training areas to ensure distance is maintained between students at all times	To maintain social distance between students	Ether using floor matting or floor tape to mark out areas with A minimum of 2 metros between each person	Every Class/Prior to the class	instructors, coaches & students	Structure timetable to ensure limited numbers of students per class. Use yellow take to set markers on floor tagons. Reare invariant/colours inimidal of distancing and manages cludents appropriately. Use the ansats or yellow tage to mark out 2m square areas.	5ep-20
	No sharing of equipment	No use of shared equipment	Risk of cross intection	Restrict use of any club equipment. Advise tadgets can bring their own but uniting of their own quipment in an pernitrate. Clauses to be based on unitingin work to avoid the need for shared equipment.	Before and during class	instructor & Students	Move equipment to a closed off area if people is a instronge capture if that is people in a second	Sep-20
	Waiting protocol before class	Procedure for entering the gym, arthwinnmediately before data, wat outdoin a gane waiting man at appopriet datasan until called in by instruction.	To maintain sodal distance batween students	Define a space that can be utilised as a walking awas custole of the neutral areas and claim instructions to madent planners, before n= entry data walking active before her setty data walking active and the setty of the walking area protocol walking area protocol	Before class	Instructors/Venue Managers	Use car park/inception/viewing ana/commant (pans as a delignment water of the supportant) participant water yellow tape markers	Sep-20
	No use of changing/shower facilities	No use of showers or changing facilities. Make students aware of this policy in advance to class return	To avoid students coming in to close contact before & after classes	students come to class prepared to train and leave afterwards to change and shower at home	During opening hours	Students,Parents	Lock doors to showers and changing facilities If possible. Fut notice on doors adviding of temporary closure of facilities	Sep-20
	Controlled use of toilets	Controls on use of tailets or other necessary facilities	To maintain sodai distance between instructors/Studeets/Parent 6	Set Im markers on floor outside toilet and operate a "one in one out" policy to be managed by facility users	During opening hours	students to be informed before they attend dass	Exceptions will be required for young children who need to be escourted by their panent/guardian	Sep-20
	No spectators at dasses	Only class students allowed in gym	To keep group sizes small, to avoid unnecessary social contact	Parents advised on the importance of accial distancing, asked not to enter the training tablity. Where parents must strend -search and out individually at least 2 metres apart	Before, during and after class	All non students or part of teaching team	Exceptions may be required for very young children or students who find uncomfortable without the presence of their panet/guardian. Designane an area of the Academy where non students are permitted to wait.	Aug-20
	Limited group size	Set and Limit class sizes based on government guidelines to maintain social distancing. Econtaned SOM reduction in class sizes during phased return.	To maintain sodal distance between students	Amend timetable if possible to allow for more income income for the day/week enabling stadest to general out. Request pre-registration of students to enable the management of students numbers by class	Every class	Students, Parents	Implement temporary timetable change to utiles at time and spore available. Implement pre-explorations systems and track attendance based on this. You can do this using the NST'Mey Marchal Arts" student portal	Sep-20
	Limit on age of students (to protect the most vulnerable)	Rand on government guidance, introduction of student re-entry based on age La youngest students events from with the oldert and most wulnerable students entering last.	To protect both instruction, students and most vulnerable individuals	Restrict and manage re-entry of madents by age and medical conditions detectly students by age and insite them to return at the appropriate time based on government guidelines	On release of government advice	Students	Pregare attendance records by age so you are aware of who is due to attend and when based on their age. This can be done on the myMA website (oct the app)	Awaiting guidance
	Limits on age of students (to enforce social distancing)	Limitation on ages and levels of trudents as appropriate for the martial at. Postpone the neturn of youngest mudents who may not be able to adhere to the sodal distancing requirements.	Ensure instructor's ability to enforce social distancing nequirements	instructions may enforce minimum age for kids classes, or may choose not to run beginnent' classes	Every class	Students below an age defined by government guidelines and based on instructor judgement	Maintain Online Classes for those too young to be able to return immediately	To re-assess following first week of classes
Mygone	Instructors/Coaches hygiene	Maintain highest standards of personal hygiese as outlined in government guidelines.	Maintain hygiene standards and protect all individuals	Wash hands (and face if possible) before and after every class. Beil wash dicthes after wavy tasching day. See dicthes after wavy tasching day. See government guidance for full details	Every day, before and after every class	instruction, Staff, Venue Managers	Make your personal hygine policy clear and visible in the Academy. Focure hand worth is continually replexibled. Snaue hand drying facilities are always available	Sep-20
	Wash Hands	Every member of the organization workes their hands on a regular basis particulary before and after class	Maintain hygiene standards and protect all individuals	Schedule into timetable allocated times for instructors and students to wait which hands before and after class. Make sure facilities and appropriate hand waith are always available	Before and after every class	instruction/Staff/Student s	Make your hand working policy (forms part of your personal hygines policy) clear and tables in the Accessive, Scaure hand wash is continuelly replevished. Scaure hand within continuelly replevished. Scaure hand within continuelly replevished. We have hand allower handling of the scaure handling handling the scaure of the scaure handling handling handling the scaure of the scaure handling handling handling the scaure of the scaure handling handling handling handling the scaure of the scaure of the scaure handling handling the scaure of th	5ep-20
	Coughing	Catch it, Sin it, Kill it	Protect both Instructor and Students	Instructors, Staff, Soudents and Parents to be reminided on a segular basis to to catch coughs and unesses in tissare- follow Catch is, like is, kill it and to avoid touching face, ever, nose or mosth with nucles hands. Tursues will be made available throughout the venue.	Before, during and after class	instruction/Staff/Student s/Parents	Make sure boxes of Sixues are readily to hand before during and after close is various place around the Academy. Keep a stock in the Academy.	5ep-20
	First Aid	If the need arises for first aid, the following safety protocols. Mask worn, gloves worn, eye protection worn	Protect both instructor and Students	Equipment available in the event of injury/accident	Swery class	instructors, Staff, Venue Managers	Make sure there is a full stock level of equipment required to uphold this policy. Store in an easy to reach location preferably next to the first aid kit	Sep-20
	Wearing of footwear	If trainers are not permitted or are not appropriate, interactions add students to wear non-slip acks: DXMMPL https://www.amazon.cs.uk/Art is-order-focut-Plates- balan/doj/0011FUCINGTWE_rhid p.pl_dp_1	Maintain hygiene standards and protect all individuals	Advise all students prior to return that they must bring their own non slip socks and wear them before, during and after class. Socks are not to be changed at the versue	Every Class	instruction/Students	Invest is a number of pairs of these socks in case the taddetts forget to bring their own. These may be chargeable or not depending on your own policy. If socks are distributed in days, make sure taddent charges footware candide of the Academy and then returns back into class.	Sep-20
	Sanitation Protocols	Put in place sanitation protocols for between disses as well as days measures for thorough cleaning	To ensure the cleanest possible training area	Disinfect all curfaces within the venue including registration deak, door handles, basinisten, basthooms, equipment (when use is permitted) etc on a regular basis. Matted area to be deaned after every lesson	Before class, between classes, in the evening after classes finish	Instruction, Students, Scatt, Management of venues	Delegate who is responsibilities for all superts of substitution protocol and provide daily sign aff ones to be completed by all parties responsible. Provide disclosures, at the end of which substituties can access at the end of word data and well down their own area. This will allow for faster interval switchower between classes.	5ep-20
	Paperless DD / Controlled eDD	No paper OD Mandates to be completed, only use of eOD. Paper must complete eOD process on their own device	To avoice cross contamination	Set up the eDD on School device but do not allow Payer to complete on School device. They must use their own device to complete the online DD mandate. Santise School device on regular basis	Before, during and after class	instructors, Payers	Keep disinfectant wipes close to fixed PC or tablet as you are able to wipe down after every use	Sep-20
	No cash policy	No cash transactions/eschanges permitted during phased re- opening.	To avoid cross contamination	All sales payments to be done by card (preferabley contactiess), myAA. Swetts, myAAA ProShop, School's own online payment portal	Always	Instructors, Students, Payers, Staff, Management of venues	If you use a til system, check that contactiess transactions are accepted. Disinfect handoet after every transaction	Sep-20
	Respiration	No shouting or singing	To sucid droplets being nelessed over a wide area and ricking cross cantamination	No Ki-alts or shousing. There must be silence while instructor speaks to avoid the need to rake voice.	Always	instructors and Students	Put large visable signage on display to remind both Caubies and Students that they must tapak a domain volume and not attempt to also volces. Renda if an embra the baginging devery class that they must not is-i, shout or sing and that they must rends index when receiving instructions.	5ep-20
	Ventilation	Ensure that a steady stream of outside air is brought into the noon/building while states air is exhausted. Ventilation system should provide 100% fresh air andnot recirculate air from one space to another.	Reduce airborne exposure concentration of infectious material and deposition of infectious particles	ttp://www.cler.org/anna-toc.cont- tt/neward-fors.lockbart	During class	Instructions	Check that your own ventilizion system conglies with generowenet guidance. If you are able, keep Jinisobar and diorot are allow a stream el outdoor air into the room	Aug-20
	Wearing of PPE (based on advice)	The wearing of face masks and/or gloves as stipulated by the government phased return plan and medical advice.	To protect all individuals and operate within the confines of government and medical stipulations	Once protocol is established, let students know prior to return. Visible signage of policy and usage instructions to be pot up. Provide a supply of marks and glowe but also ask students to bring their own	Before, during and after class	instructors/Staff/Student (/Panets/Venue Management	Male sure you have an adequate stack level of PPG and store it in a highly satisfied ansu. Male available at estance in a way that adheres to social distancing requirements	Aug.20
Class Records	Pre-Booking only	All students must pre-register to attend class, no unregistered arrivals will be permitted		like of NET "My Martial Arts" student booking system	Befare class	Students	Ensure full implementation and training of chosen-booking system to avoid confusion and over booking on return	N/A We will commerce first week without need for pre- booking and a front of house will monitor numbers entering building
	Keeping of Attendance Records	Track attendance of every dass. Monitor who is not attending and offer them option of online training	To report on class/individual attendance should it be required. To retain non attending students	myAAA Attend	Mefore class	Instruction	If myMA Touch Screen functionality is used, ensure screen is tantised on a regular basis. Check on app prior to lesson if any registered students have recorded medical conditions.	Sep-20