

# Barker Martial Arts **BMA**zed



## The Super Six Guide to Etiquette



## Before you arrive...



Hi, my name is **Tiggy** the Tiny Tiger. These are the ways to show good etiquette **before you arrive** at the dojahng for class...



- Check that you are wearing a black t-shirt to go under your uniform.
- Take a look in your bag to make sure that you have a drink and that your uniform is complete with your belt. Take responsibility for your uniform, rather than leaving it for others to sort out for you.
- Try to make yourself look smart and clean & arrive in good time.

## As you arrive...

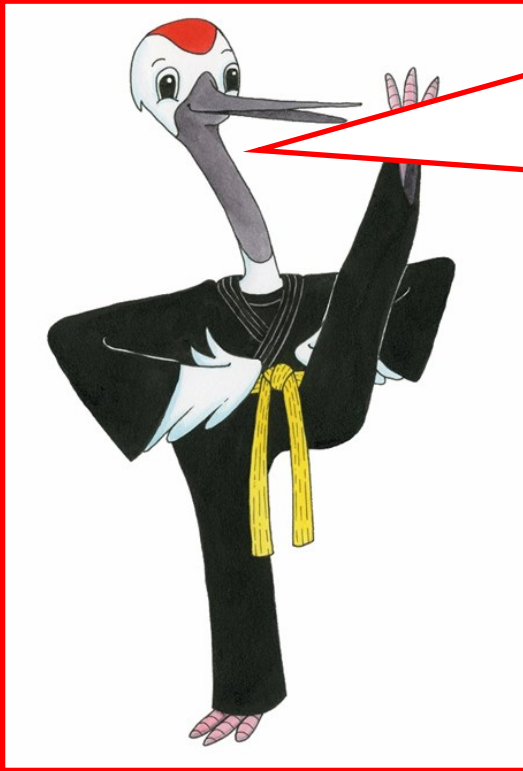


Hi, my name is **Horangy** the Tiger. This is how to show good etiquette as soon as **you arrive** at the dojahng...



- Sign in on the screen so your instructor knows that you are here.
- Put your water bottle and shoes tidily away.
- Go to the toilet so that you do not have to go during the class.
- Do not mess around while you are waiting; you could check your Stars Scheme booklet or practice your moves in your head.

## At the beginning of class...

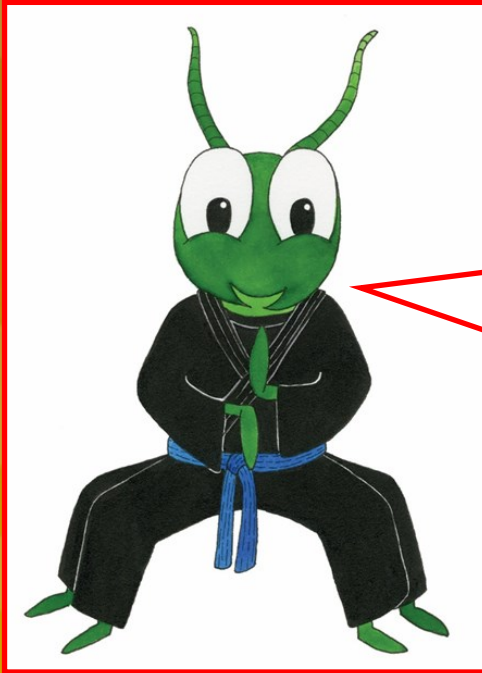


Hi, my name is **Hak** the Crane. Let me tell you how to show good etiquette at the **beginning of the class...**



- Remember to bow when you step onto the red mats.
- Say 'Hello Sir or Ma'am' to your Instructor, but don't interrupt them if they are busy.
- Join in properly with the bows at the start of the class to show respect to the Instructors and to follow the rules of the Association.
- If your uniform or belt comes undone, face away from the flags immediately and fix it. Sometimes I find it tricky to tie my belt (especially with my wings!) so I ask someone to help me.
- If you are late, wait by the door & politely ask to join the class. Always wait until the bows are finished.

## During your class...



Hi, I'm Minty the Mini Mantis. I would like to talk to you about how to behave **during your class ...**



- If you are asked to do something by an Instructor or leader, do it right away and say 'Yes Sir' or 'Yes Ma'am'.
- Try to concentrate the whole time.
- If there is a new person, try and make friends.
- Ask politely if you need help or don't understand a task.
- Enjoy watching the higher belts, but don't copy them. Sometimes they use weapons so you can see how they treat them with respect.
- You are not supposed to ask to learn something new because the Instructors know when you are ready.
- If it's really hot you may ask to take off your jacket, but you should wait until after the bows.
- If you are thirsty ask politely for a drink.
- Tell the instructor right away if you have a problem.

## After your class...

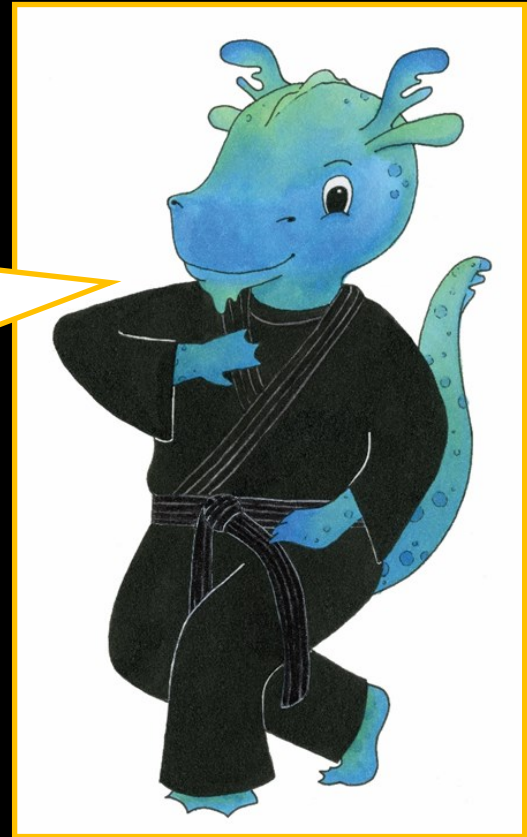
Hi, my name is **Samaji**,  
meaning Praying Mantis.  
This how to show good  
etiquette **after your class...**



- Say 'Gam sa hamnida' (Thank you) to your Instructors. Don't forget to bow & cover your elbow.
- Take off your uniform and fold it neatly into your bag.
- Check you have got everything with you before you leave.

## At school & at home...

Hi, my name is **Yong** and I am a Dragon. I would like to talk to you about how to show good etiquette at school and at home...



- Help to keep your uniform clean and tidy at home.
- Practice at home, but always in a safe area where your parents can see you.
- Show your family your moves, but don't teach them, because you are not the teacher.
- At school if your friends ask you to show them your moves, you must say "no". Ask them to watch you in a demonstration or at your martial arts class, so they can learn properly too.
- Behave like a martial artist all the time, remembering to be polite and kind to others.



So now that you have followed our steps to good behaviour, we look forward to meeting you at training. We hope that your etiquette will be just like our's!



A  
**BLACK BELT** IS A  
**WHITE BELT**  
WHO **NEVER** GAVE UP