



## Barker Martial Arts - ZCC

## Enrolment Brochure



## Our Vision

To provide a unique & enriching experience for the community, where members can enjoy martial arts training moulded to their individual needs.

To support members in achieving their physical, mental, emotional & spiritual goals in a safe, inclusive & fun environment.

To inspire members to make positive changes in all areas of life and to develop leaders of the future.



## Frequently asked questions

#### Is there parking?

The Hare Lane Car Park (behind Champion Timber) is council-owned so you'll need to buy a parking ticket using RingGo (15550). We have parking passes for your windscreen if you're just dropping off or collecting.

#### What do I need to bring?

For your first class you'll just need to wear jogging trousers/shorts & a t-shirt. Please also bring a drink. We train barefoot, with no jewellery or smart watches.

#### Will someone greet me?

Absolutely, we have a wonderful team who will greet you as soon as possible after you walk through the door. We will show you where to sign in and where to go.

Other members and parents will always make you feel at home too.

#### How does the class work?

There are generally two classes running simultaneously with a lead and support instructor in each. You'll see our junior leaders supporting the little ones too.

We divide the room with a curtain to avoid distractions. You can still watch the class on our TV in reception.

If you have other children to ferry around (and your child is 4 years old and above) you're very welcome to just drop them off or make yourself at home with our WiFi and large reception area.

Look out for their name on our TV screens too!

#### What about safeguarding?

The Safeguarding Code in Martial Arts recognises clubs who have demonstrated that they have reached and maintained good safeguarding standards. We have been awarded the code annually since 2019, shortly after it was launched, and instructors are insured and enhanced DBS checked, so you're in safe hands.

#### What happens next?

You'll receive our online enrolment form by email the morning following the session, so for now just make sure you give yourself enough time to get to class and get excited about your visit!

## Membership Packages

	Platinum	Gold	Silver	Bronze
<b>Monthly Fee</b>	£99	£94	£84	£69
Classes per week	Unlimited	3	2	1
Flexible attendance				
Catch up missed classes				
Uniform included (up to £59 saving)			X	X
Club grading fee discount	25% discount	X	X	X

Monthly fees are correct as of 1st September 2023 and are reviewed annually.

### **Family Discount Offer**

10% Discount for 3rd family member & 20% Discount for 4th

Discounts only apply if family members are parent/guardian/siblings and living at the same address.

Discounts will be applied to the cheapest package(s).

Discounts only apply if 3 or more family members are actively training and paying. Discounts are not to be used in conjunction with any other promotion or offer.

## **Membership Notes**

Our most successful students maximise their training opportunities. There are classes available every day, including weekends, for 48 weeks of the year.

Our Platinum Membership package gives you unlimited access to train every day. The more you train, the faster you will learn and progress, although everyone's journey is different.

Monthly fees are based on an annual programme of 48 weeks of training, paid in 12 equal monthly payments. Fees are collected by NEST Management Ltd.

There is **no contract**, so direct debits can be easily adjusted to accommodate a different package. Fees can be suspended for extenuating circumstances (not for holidays) however a monthly £4 membership and insurance fee will be due.

Price reviews are made annually and one month notice is required on cancellation.

Missed classes can be caught up (within 3 months) and fees are not refundable or exchangeable if classes are missed.

**Club gradings** take place every 3 months.

All members on the Bronze package will automatically be moved up to Silver once Blue Belt has been achieved.

The uniform is included for new members starting on our Platinum & Gold Packages; it is not for current members who are upgrading.



## **Belt Journey**



The Belt Journey starts at White Belt and continues through the coloured belts below.

There are stripe belts in between all coloured belts; these are equivalent to half a belt. eg. A Yellow Stripe Belt is a White Belt with a Yellow Stripe through the full length and is

halfway between White Belt And Yellow Belt.

#### **White Belt**

**Congratulations on taking the** biggest and hardest step, from no belt to White Belt.

**Yellow <b>Stripe** Belt

#### **Yellow Belt**

It normally takes 6-12 months to achieve this belt with twice weekly training & 12-24 months with once weekly training.

**Blue Stripe Belt** 

#### **Blue Belt**

**Exciting times, you can now buy** yourself some Jool Bong (Nunchakus) to practice with **Red Stripe Belt** 



It's getting more serious now. rown Stripe Belt

**Brown Belt** 

**Even more excitement now, you** can get yourself a staff, a long wooden pole to spin around!

**Black Stripe Belt** 

**Black Belt Candidate** 

You can now buy a wooden sword & start testing towards your Black Belt.

**Black Belt** 

This is the start of a whole new journey & certainly not the end...

Stripe Belts can be skipped, but everybody has to achieve each full colour belt before progressing to the next.

Following a tesitng, good progress/attitude are awarded with a stripe/tab on the end of the current belt. Competency of the syllabus is awarded with a new belt.

# A BLACK BELT is a WHITE BELT Who NEVER gave up



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